

safeTALK

September 7, 2022

9:00am-12:30pm

Course Description: safeTALK helps participants recognize a person with thoughts of suicide and connect them with resources who can help them in choosing to live. This course helps attendees become alert to suicide. Suicide-alert people are better prepared to connect persons with thoughts of suicide with life-affirming help. Participants don't need any formal preparation to attend the training—anyone age 15 or older who wants to make a difference can learn the safeTALK steps.

Instructor Information: Tiffany Ross & Jennifer Carson

Tiffany Ross is a Licensed Clinical Social Worker and Supervisor over the Community Behavioral Health Assessment Team (CBAT). She has worked with the department for 18 years, 13 of which were with the CalWORKs Program as a Clinical Therapist providing mental health and substance abuse treatment to individuals, families and groups, as well as providing professional development trainings for Department of Public Social Services and Children's staff and management. Currently, Tiffany is assigned to the department's law enforcement collaborative and serves as the lead trainer and coordinator for the Crisis Intervention Training (CIT) program with Riverside City Police Department and Riverside County Sheriff's Department, where she partners with and instructs law enforcement on mental illness, recognition and crisis de-escalation.

Jenn Carson runs 951-686-HELP, Inland SoCal United Way's Crisis Helpline, founded in 1968, a project of Inland SoCal United Way. Jenn holds a B.A. from Baylor University, an M.A. in Counseling from George Washington University and is a doctoral candidate at California Baptist University. Jenn is also a Living Works ASIST (Suicide First Aid) Trainer and has lived experience expertise as a survivor of suicidal ideation and a childhood suicide attempt. Jenn has spoken about her survival of childhood trauma on CNN, NPR, the BBC and "The Today Show". Jenn Carson is a member of the board of directors and the Attempt Survivor Lived Experience Division of American Association of Suicidology.

Audience: RUHS-BH Staff, Contract Providers, and Community Based Organizations

Seat #: 30

Location: 2085 Rustin Avenue, Riverside, CA 92507 - Bldg. 1, Room 1056

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

Educational Goals:

- Notice and respond to situations where suicide thoughts may be present
- Recognize that invitations for help are often overlooked.

Learning Objectives:

Participants will be able to:

- Move beyond the common tendency to miss, dismiss, and avoid suicide,
- Apply the TALK steps: Tell, Ask, Listen, KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to further suicide-safer help

*****This course does not offer continuing education units/credits/hours*****

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).